

COASTBUSTERS!

Fancy a staycation? Team Fabulous test three seaside breaks in the south

Deputy Editor Ellie O'Mahoney, husband Mark and 22-monthold Elliott hit Cornwall THE PAD Set right on

the beach, the best rooms at Watergate Bay Hotel are decorated in sea greys with rain showers and freestanding baths with views of the ocean. There's a 25m indoor infinity pool and outdoor hot tub overlooking the Atlantic, too, If you don't fancy getting wet, book in at the sea-view mani and pedi room, then grab a flat white at the adults-only lounge. The sunsets from here are beautiful. Got children? The complimentary kids' clubs have soft and outdoor play, plus arts and crafts.



Meanwhile, the hotel's brasserie Zacry's serves up dishes such as Cornish spider crab.

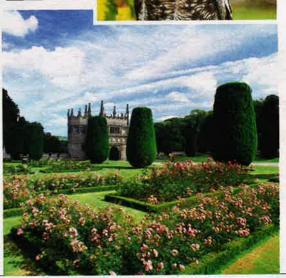
THE BEACH Watergate Bay is two miles of golden sand with rock pools and caves, plus the surf makes it one of the UK's most popular for riding waves. EXPLORE Hire a bike from £12 and explore the flat Camel Trail, which stretches from the cute fishing village of Padstow to Bodmin, along a beautiful



estuary (Bridgebikehire.co.uk). And you can easily spend a day wandering the woodlands and gardens at Lanhydrock, £12.65 (Nationaltrust.org.uk/lanhydrock) Or take a cliff-top stroll along the rocky Carnewas at Bedruthan for some gorge photos. Meanwhile, kids will love meeting the birds at Screech Owl Wildlife Park, £10.50 entry (Screechowlsanctuary.co.uk). **REFUEL** Fifteen Cornwall is Jamie's Italian with a Cornish twist. Feast on pork belly with lentils, greens and salsa verde as you enjoy the beach views (Fifteencornwall.co.uk).

DON'T MISS Try a surf lesson at the Extreme Academy. A half-day session costs £35, while kids aged 8-15 staying at the hotel get a free lesson during school holidays (Extremeacademy.co.uk).

BOOK IT Doubles start from £160 B&B, including home-made waffles each morning (Watergatebay.co.uk). Right: you'd be wise to visit Screech Owl Wildlife Park Below: the bloomin' lovely grounds at Lanhydrock





ntures Writer Cyan Turan and
rfriend Rob headed to Devon
E PAD Sitting on a beautiful
set in the south Devon village
Shaldon, bolt-holes don't come
ch chicer than wood-pannelled
sich Hut 1. It's packed with
ky features – think porthole

rors and a mezzanine bed.

ere's lots to love noat Devon

re's a kitchen and living a, but the real treat is the back, with a pretty o and panoramic views oss the River Teign estuary to inmouth. Expect Cowshed etries and fresh flowers, plus the lers leave wine and local fudge. EBEACH Shaldon Beach is your k garden, lined with fishing ts and red sand. A 10-minute k around the headland takes

to an original smuggler's nel and sheltered Ness Cove.

The foodie one

Beach Hut 1 is just shipshape

EXPLORE Set into the hillside, Homeyards Botanical Gardens are free to enter. Explore the castle ruin then laze under the trees. Next, catch Britain's oldest passenger ferry across the estuary to Teignmouth - a single trip costs 70p. The maritime town is packed with independent shops - try Chicy Rachael for gifts (Chicyrachael.com). We played dinosaur-themed crazy golf for £4 each, too (Jurassic golfteignmouth.co.uk).

REFUEL You can reach The Clipper Café from the beach hut's patio. Try the farmer's breakfast - sirloin steak with eggs, tomatoes, mushrooms and hash brown, or make a pit stop for coffee cake (Theclippershaldon. co.uk). Across the estuary, The Owl And The Pussycat is perfect for a romantic dinner. Scoff the duo of south Devon beef - fillet with beef shin (Theowlandpussycat.co.uk). DON'T MISS A 10-minute drive

from Shaldon is Old Walls Vineyard, where a guided tour is £50 for two, including a bottle to take home (Oldwallsvineyard.co.uk).

BOOK IT Beach Hut 1 sleeps up to four and costs from £130 a night. Book at Homeaway.co.uk/p1050183.

Deputy Lifestyle Editor Catherine Bennion-Pedley and husband Andy explored an East Sussex gem THE PAD Classic beach chic meets

scandi-cool at coastal hotel The Gallivant. It lies just outside the quaint town of Rye and serves delicious catches of the day (95% of the restaurant's ingredients are sourced within 10 miles), though the beautifully curated rooms are definitely no after-thought. Some have roll-top baths and garden patios, plus come complete with board games and stylish speakers – just gorge.

THE BEACH A hop across the road, Camber Sands is more than seven miles of award-winning golden beach with sand dunes to get lost in. Order a Gallivant hamper, £50 for two people, complete with frisbee.

EXPLORE Five minutes away are Rye's cobbled streets, home to fab antique shops like Tower Forge and Strand Quay, homeware stores Four Corners and McCully and Crane, and the pretty walled garden of historical Lamb House. Entry costs £5.60 (Nationaltrust.org.uk/lamb-house). Glass Etc is an Aladdin's cave, where we bagged a stylish decanter (Decanterman.com).

REFUEL Enjoy beautiful lemon sole at Landgate Bistro (Landgatebistro.co.uk), then get the ultimate chocolate fix with the richest milkshake ever from cute cafe Knoops. Stop by the Chapel Down winery to wander the vineyards and get three free tastings – the Flint Dry, £10 a bottle, is worth stocking up on (Chapeldown.com).

DON'T MISS Want a top-of-the-range motor for the weekend? It's yours! Avis Select Series allows you to choose the exact make and model of hire car, from £70 a day (Avis.co.uk).

BOOK IT B&B at The Gallivant starts from £95 per room, including tea and cake. Expect delicious yoghurt panna cotta and honey madeleines for brekkie (Thegallivant.co.uk). **T



