

# Breakfast

AUGUST

Everyday 8am to 10.00am

In the Dining room, in the garden or on the dunes

Just ask

## Traditionals

Freshly squeezed orange

Musetti filter coffee, Teapigs tea

This mornings muffin (pb), toasted sourdough, butter and jams

Northiam Dairy yoghurt

Natural, black cherry, apricot

## Indulgences, please choose one

Smoothie bowl v\*

Seasonal fruits, toasted nuts, local honey and your choice of dairy or non dairy milk

Gallivant granola pot v\*

Gallivant toasted granola, local plain yoghurt or non dairy coconut yoghurt, local berries and local honey

Toasted sandwich

Mayfield Gold cheese and local smoked ham

Mayfield Gold cheese, spinach and pumpkin seed pesto v\*

Breakfast salad

Local leaves, avocado, soft egg, heritage tomatoes, toasted nut and seed croûtons, capers and lemon dressing v\*

## Speciality coffees

Espresso - single 2.50 double 3.50 | Flat white 3.50 | Cappucino 3 | Latte 3 | Macchiato 3.50

[Instagram @thegallivant](#)

Virtually all our ingredients are British, very locally sourced where possible - sorry we can't modify any dishes  
Please tell us if you have any food allergies (v) vegetarian (v\*) plant based on request (pb) plant based  
*A discretionary service charge of 12.5% is included. This gets fairly distributed to everyone.*