

Sunday Lunch Yoga

AUTUMN

Everything sourced from Britain and
very locally sourced when possible

Begin

Spiced hummus, raw autumn vegetables, sourdough crackers (pb)

Middle

Gallivant grain bowl, heritage grains, roast and raw autumn vegetable, pickled carrot (pb)

With, please choose one

Wood roasted local hake

Wood roasted cauliflower steak (pb)

End

Kentish cherry and dark chocolate vegan ice cream (pb)

[Instagram @thegallivant](#)

Virtually all our ingredients are British, very locally sourced where possible - sorry we can't modify any dishes
Please tell us if you have any food allergies (v) vegetarian (v*) plant based on request (pb) plant based