

Breakfast

RE-AWAKENING JUNE

Please choose one from each

Delicious, healthy and inspirational: because breakfast should be more than just eggs and bacon

SMOOTHIE AND JUICE

Today's seasonal smoothie

Sussex apple juice

Freshly squeezed orange juice

Bloody Mary Pick Me Up, virgin | hair of the dog

BREAKFAST POT

GRANOLA: Northiam Dairy yoghurt, Gallivant granola, seasonal fruit compote

OVERNIGHT OATS: Gluten free oats, oak milk, banana, date, walnut, maple syrup

CHIA SEED: chia seeds, Northiam Dairy yoghurt, cow's milk, berries, coconut

PLATES

Harry's slow braised beans, wilted spinach, sourdough toast | add an egg (pb | v)

Dutch baby pancake, caramelised Kent apple, apple cider caramel, crème fraîche (v)

Turkish poached hen's eggs, lemon and dill yoghurt, smoked paprika butter, chilli (v)

Breakfast brioche bun, Gallivant sausage, tomato marmalade, spinach

Breakfast salad, heritage tomato, seeded granola crouton, hen's egg, caper, wild sumac (v)

COFFEE AND TEA

Musetti dark roast filter coffee

Teapig tea

GIVING BACK

Endless filtered sparkling or still water for your table 2.5

We will donate all of this for you to Blood Cancer UK.

All our oil paintings are by local artist Karl Terry. They are all for sale. We donate all our profits to Blood Cancer UK. So far this year Gallivant Members and guests have donated over £1,600.

[Instagram @thegallivant](#)

Please tell us if you have any food allergies (v) vegetarian (v*) plant based on request (pb) plant based. Sorry we can't modify any dishes. A discretionary service charge of 12.5% will be added to your bill. This gets passed on via the Gallivant Wellness charter, Harry's Inspiration fund, bonuses and benefits.